

**Workshop  
Flyer**



**Workshop on**

**IAPEN**  
Advancing Nutrition Care in India

# Medical Nutrition Therapy

8<sup>th</sup> March 2015

Government Home Science College, Hoshangabad

“Advancing Medical Nutrition Therapy (MNT) in Madhya Pradesh”



#### Chief Patrons

Dr. Kamini Jain, Principal, Govt. Home Science P.G. College Hoshangabad (M.P.)

Dr. Ajay Goenka, Hon. President, IAPEN Bhopal Chapter, CMD, Chirayu Medical College & Hospital, Bhopal, Madhya Pradesh

#### Patrons

Dr. Rajendra Jatav, Govt. Hospital, Dist Shadora, Ashok Nagar

Ms. Deepali Mishra, Noble Multi-Speciality Hospital Bhopal.

#### Invited Speakers

Ms. Deepti Shrivastava, Agrawal Hospital, Arera Colony, Bhopal

Dr. Helison Lakhera, Chirayu Health & Medicare Pvt. Ltd, Bhopal

Ms. Anubha Shrivastva, Chirayu Health & Medicare Pvt. Ltd, Bhopal

#### Organizing Secretary

Mrs. Apeksha Sharma,

Regional Officer, IAPEN Bhopal Chapter and Chief Dietitian,  
Department of Dietetics, Chirayu Health & Medicare Pvt. Ltd,  
Bhopal.

Email: [iapenmeet@gmail.com](mailto:iapenmeet@gmail.com); Mob: 0091 9584352253

#### Invitation from Dr. Ajay Goenka

The Society for Clinical Nutrition and Metabolism (IAPEN) invites perioperative physicians, surgeons and dieticians and allied professionals from Madhya Pradesh to join us at the Workshop on Advanced Medical Nutrition Therapy in the beautiful Hoshangabad City, Madhya Pradesh. The theme this year is “Advancing Medical Nutrition Therapy | Madhya Pradesh” and we hope you will join us as we explore the challenges and celebrate the achievements in MNT.

Medical nutrition therapy (MNT) is a therapeutic approach to treating medical conditions and their associated symptoms via the use of a specifically tailored diet devised and monitored by a Nutrition Support Clinicians. The diet is based upon the patient's medical and psychosocial history, physical examination, functional examination and dietary history. We in our IAPEN have developed modules for advanced MNT in a bigger way to perioperative physicians, surgeons and dieticians in the hospitals.

Dr. Ajay Goenka  
President, Bhopal Chapter  
IAPEN

**Delegate Registration Fee - INR 300 (Students) & INR 500/- (Faculty/Others)**

**First Come - First Serve BASIS - Limited Participation Only**

#### Agenda

02.00 PM - Registration

02.15 PM - What is MNT? An Introduction

02.35 PM - MNT - Why should we take it up

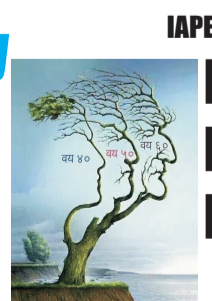
02.50 PM - Advanced MNT protocol for Indian patients

03.15 PM - How to prepare patients for MNT

03.35 PM - Obstetrics and Gynecology - MNT

03.55 PM - Obesity and MNT

04.15 PM - IAPEN Toolkit, Case Studies and Closing Remarks



**Life  
Long  
Learning  
Initiative**

**Contact Information - Email to [iapenmeet@gmail.com](mailto:iapenmeet@gmail.com)  
or Call to 0091 9584352253**